



ALLERGENS - À LA CARTE MENU

THE SHAKER CANNOT GUARANTEE THE COMPLETE ABSENCE OF FOOD ALLERGENS.

	PEANUTS	WHEAT	CRUSTACEANS	GLUTEN	MILK	MOLLUSKS	MUSTARD	NUTS	EGGS	FISH	SESAME	SOY	SULPHITES
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LEGEND	
	Does not contain the allergen
	May contain the allergen
	Contains the allergen INGREDIENTS TO BE REMOVED
	Contains the allergen

INGREDIENTS TO BE REMOVED	
1.	Butter
2.	Biscuit
3.	Nutella-crustard cream sauce
4.	Sour cream (bacon/cajun)
5.	Shrimp chips
6.	Croutons
7.	Edamame
8.	French fries
9.	Nacho cheese
10.	Canadian cheddar cheese
11.	Cheese
12.	Sesame seeds
13.	Mayonnaise
14.	Asian mayonnaise
15.	SHAKER signature mayonnaise
16.	Cashews
17.	Pecans
18.	Parmesan cheese
19.	Pine nuts
20.	White butter sauce
21.	Pepper sauce
22.	BBQ sauce
23.	Buffalo RedHot sauce
24.	Spicy sauce
25.	Tao sauce
26.	Cocktail-bacon sausage
27.	Sriracha
28.	Fried won-ton
29.	Pepper mayo
30.	Honey-mustard dressing

	PEANUTS	WHEAT	CRUSTACEANS	GLUTEN	MILK	MOLLUSKS	MUSTARD	NUTS	EGGS	FISH	SESAME	SOY	SULPHITES
APPETIZERS													
Avocado and Shrimps													
Baked Brie Cheese													
Fried Calamari													
Beet Carpaccio and Goat Cheese		6		6				17					
El Nachos					4-9								
El Nachos Carne Minced Beef					4-9								
El Nachos Carne Pulled Pork					4-9								
El Nachos Carne Chicken					4-9								
Local cheese fondue													
Mini Lobster Pogos													
Onion Rings													
Small Chicken Wings <small>WITHOUT SAUCE</small>													
<small>WITH SAUCE</small>			22			22	22			22	25	22-25	22-25
Caesar Salad		6											
Onion Soup													
TARTARES (SERVED ON ITS OWN)													
Asian Beef								16					
Italian Beef					18			19					
Royal Beef													
Two Salmons													
Lemon Dill Salmon													
Strawberry Salmon											12		
Salmon and Greek Yogurt													
Red Tuna Mango		28		28					28				27
Oriental Red Tuna		28		28									
Avocado and Shrimps													
Lobster and Shrimps													
Tuna Tataki <small>(with Asian-Style Salad and Fries)</small>													
Poke Bowl (only)		14-24-28	5	14-24-28	24		14-24		14-24-28		7-12-14	7-14-24	14-24
Shrimp Chips													
Croutons													
Fries													
Garden Salad <small>DINE-IN TAKE OUT (CUP)</small>													
BURGERS (SERVED ON ITS OWN)													
Big Boss Burger													
BLT Burger													
Mushroom Burger							26					26	
Fancy Burger													
Inter Le Ti-Crotté Burger													
Crispy Chicken Burger									13				
Habanero Chicken Burger									13				
Ultimate Cheeeeze Burger													
Vegan Burger													11
Lobster Roll													
Vegan Patty (only)													
Fries													
CLASSICS - Served with their included side dish and sauce. Validate allergens of the second side dish.													
Flank steak 6 oz, fries, and pepper sauce		8-21		8-21	1-21		21					21	21
Baby Back Ribs and Fries		8											
8-oz Filet Mignon, Fries and Pepper Sauce		8-21		8-21	1-21		21					21	21
Fish 'n Chips and Fries													
General Tao													
Spaghetti													
Salmon Fillet, Rice and White Butter Sauce					20								
SALADS													
Avocado and Shrimps													
Beet Carpaccio and Goat Cheese		6		6				17					
Crunchy Asian Salad <small>Flank steak SALMON</small>											12	12	
Julius Caesar		6											
Julius Caesar Cajun Chicken		6											
Julius Caesar Crispy Chicken													
Salmon Fillet					20								
POUTINES													
Classic													
Italian													
Pulled pork													
Sausage													
Ground beef													
Flank steak													
SIDE DISHES													
Fries													
Sweet Potato Fries					15		15	15					
Vegetables					1								
Classic Mini Poutine													
Onion Rings													
All-Dressed Baked Potato					4-11								
Jasmine Rice													
Caesar Salad		6											
Garden Salad <small>DINE-IN TAKE OUT (CUP)</small>													
DESSERTS													
Killer Brownie!													
Dulce de Leche Cheesecake													
Homemade Pouding Chômeur													
Oreo® Cake								3					
KIDS MENU													
Sauceless Chicken Wings with Fries													
Cheeseburger, Fries												10-26	
General Tao													
Chicken Strips						22							
Spaghetti													

ALLERGENS - LUNCH MENU

	PEANUTS	WHEAT	CRUSTACEANS	GLUTEN	MILK	MOLLUSKS	MUSTARD	NUTS	EGGS	FISH	SESAME	SOY	SULPHITES
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PASTA													
Meat Lasagna													
Linguine Carbonara													
Bacon and Broccoli Mac 'n Cheese													
Pappardelle Alfredo, Mushroom Sauce													
Rotini with Chicken, Mushrooms and Dried Tomatoes													
Tagliatelle Alfredo with Chicken and Pesto													
Tagliatelle with Duck Confit								19					
Tagliatelle Romanoff with Shrimp													
Beef Tortellini, Rosée Sauce													
LOW-COST MEATS													
Veal Flapsteak, Fries, Garden Salad and Pepper Sauce					1-30	30	29-30		29			29-30	
Chicken Skewer, Pepper Sauce, Rice Pilaf and Garden Salad													
Hamburger Steak (Single or Double) <i>Sterling Silver</i> , Onion Sauce, Mashed Potatoes and Vegetables													
BURGERS													
Double Fried Cheese Burger													
Mini-Boss Burger, Fries													
SALADS													
Crunchy Asian-Style crispy chicken													
Duck Confit Salad with Goat Cheese Croutons								17					
Smoked Salmon Salad and Goat Cheese Croutons													
MEAT AND FISHES													
Flap Steak, Pepper Mayo, Fries and Garden Salad					1-30	30	29-30		29			29-30	
Roasted Pork Tenderloin, Bearnaise Sauce, Baby Potatoes and Vegetables													
Pieces of Fried Chicken, Poutine Sauce, Fries and Garden Salad													
SOUPS													
Celery Cream													
Beef and Barley													
Tomatoes and Peppers													
Tomatoes and Rice Vermicelli													

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10.	Canadian cheddar cheese
11.	Cheese
12.	Sesame seeds
13.	Mayonnaise
14.	Asian mayonnaise
15.	SHAKER signature mayonnaise
16.	Cashews
17.	Pecans
18.	Parmesan cheese
19.	Pine nuts
20.	White butter sauce
21.	Pepper sauce
22.	BBQ sauce
23.	Buffalo RedHot sauce
24.	Spicy sauce
25.	Tao sauce
26.	Cocktail-bacon sausage
27.	Sriracha
28.	Fried won-ton
29.	Pepper mayo
30.	Honey-mustard wine sauce